

Tartela

BCN – LOFT

In Tartela you can enjoy
the most healthy.
food and drinks.

All our options are prepared by hand with ingredients of the highest quality, without ultra-processed or refined products and ECO and BIO products.

HOW TO PLACE YOUR ORDER IN TARTELA?

1

CHOOSE
(from the menu or the bar)

2

ORDER
and pay at the bar

3

**WE BRING IT
TO THE TABLE**

4

ENJOY IT!

BRUNCH

Tartela ⌚ 9:30-16:30

1. GRANDMA'S TOAST 🍷

Quality bread toast, natural Greek yogurt, toasted pistachios, red fruits and muesli.

8,95€

2. SWEET FRUIT 🍃 PANCAKES

4 Pancakes filled with pastry cream, natural honey, forest fruits and pistachio.

10,95€

3. AVOCADO TOAST 🍷🌟🍃

ECO bread, cream cheese "Philadelphia" fresh avocado and hard-boiled egg.

*Possibility to change hard-boiled egg for poached egg +1.00€

8,95€

4. SALMON TOAST 🍷🌟

ECO bread, cream cheese "Philadelphia" fresh avocado and salmon smoked.

*Possibility of adding hard-boiled egg +1.00€ poached egg + 1.80€

10,95€

5. CHICKEN OMELETTE 🌟 12,95€

Organic egg omelette filled with delicious roasted chicken, melted Edam cheese, mushrooms, and spinach, served with two slices of "pa de pagès" (traditional Catalan country bread).

6. CATALANA 🍷🌟 12,95€

ECO pagès bread toast, ham Iberian with truffle oil 1/2 fresh avocado and 2 poached eggs.

*organic scrambled eggs option

7. JUST FOR YOU 🌱 14,95€

Brioche bread accompanied by beef pastrami, melted cheese and fresh arugula. With 2 eggs organic scrambled eggs and a sautéed king mushroom.

8. HEALTHY ONE 🌟🍃 13,95€

ECO pagès bread toast, accompanied by avocado fresh, 2 organic scrambled eggs and a sauté of mushrooms with spinach.

BREAKFAST PACKS

(Tuesday to friday 09:00 – 12:30)

**Choose
your
breakfast
pack**

FLAUTA
Coffee + Sandwich.

4,00€

HAM & CHEESE Croissant
Coffee + Ham and Cheese Croissant +
Natural orange juice.

6,50€



ECO/BIO Product



Vegetarian



Recommended



Gluten free

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SANDWICHES

LA FLAUTA

Ham, cheese, fuet or Iberian chorizo sandwich.

2,90€

FLAUTA JAMÓN IBÉRICO

Iberian ham sandwich.

4,50€

LA MARI

"Pagés bread" bikini
york ham and cheese.

4,35€

**Life is like a sandwich
you have to fill it with the
best ingredients**

LA PAQUI

Vegetable sandwich with avocado,
caramelized onion, mayonnaise,
hard-boiled egg, tomato, and arugula.

6,65€

LA PEPA

Homemade chicken sandwich with
hard-boiled egg, mayonnaise, cheese,
tomato, and arugula.

6,95€

**You can't buy happiness
but if one of our
bagels which is pretty similar**

BAGEL VEGETAL

Vegetable bagel with avocado, soft cheese,
boiled egg, lamb's lettuce, cream cheese
and caramelized onion

5,45€

IBERIAN HAM BAGEL

Iberian ham bagel with brie
cheese and arugula.

5,95€

BRIOCHE ATÚN

Tuna brioche with hard-boiled egg, edam
cheese, tomato and lettuce.

5,45€

BRIOCHE PASTRAMI

Pastrami brioche with onion caramelized
and arugula.

5,95€



All of our sandwiches and bagels can be gluten-free

If you have any food intolerance, please let our staff know



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SALADS

All our salads contain lettuce base.

WALDORF

Avocado, green apple, cherry tomato, corn, olives and pecan nut.

8,50€

CÉSAR

Homemade grilled chicken, avocado, cheese parmesan, cherry tomato and croutons.

8,95€



BURRATA

Assorted tomatoes, raspberry, blueberries, pistachios, rocket sauce and seeds.

11,50€



TARTELA

Goat cheese, Iberian ham, arugula, cherry tomato, olives and pecan nuts.

9,50€

USONYTE

Quinoa, extra smoked salmon, avocado, cherry tomato, pistachios and cream of balsamic vinegar.

9,50€

LASAÑA

BE ITALIAN!

VEGETABLE

Mushrooms, carrot, leek, onion, zucchini, green and red pepper.

9,50€



MEAT

Minced beef, carrot, onion and natural tomato.

9,50€

**Our lasagna
It is 100%
homemade**



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NATURAL JUICE



EMMA

Freshly made orange.

4,30€

SARA

Apple + cucumber + celery.

4,80€

LUNA ★

Carrot + orange + ginger.

4,80€

EVA ★

Apple + lemon + ginger.

4,80€

NOA

Beetroot + apple + ginger.

4,80€

SMOOTHIES

STRAWBERRY FANTASY

Strawberry + banana.

4,95€

COCONUT CRUSH ★

Pineapple + coconut.

4,95€

GINGER BEETS

Beetroot + pineapple + blueberries + ginger.

4,95€

RASPBERRY HEAVEN ★

Apple + raspberry + blackberry + mango.

4,95€

AÇAÍ KICK ★

Acai berry + blueberries + mango + strawberry.

4,95€

STRAWBERRY DELIGHT

Strawberry + peach + papaya.

4,95€

100% Natural with a lot of love

COLD DRINKS

ICED COFFEE

ICED AMERICANO

3,35€

ICED LATTE ★

3,65€

ICED COCO LATTE

4,35€

ICED CARAMEL LATTE

4,35€

ICED CHAILATTE

ICED CHAILLATE

4,35€

ICED VANILLA CHAILLATTE

4,35€

ICED DIRTY CHAILLATTE ★

4,95€

ICED OAT MATCHA

4,95€



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COFFEE

CHAI LATTE

ESPRESSO	1,50€	TALL	
DOBLE ESPRESSO	2,30€		
CORTADO	1,60€		
AMERICAN COFFEE	1,70€		
CAFE LATTE	1,90€		2,90€
CAPUCCINO	2,50€		3,50€
FLAT WHITE	2,90€		
MOKA COFFEE			4,50€

*Choice of skim, soy, oat or lactose-free milk

TIGER CHAI (CLASSIC)	3,85€
VANILLA CHAI ★	3,85€
DIRTY CHAI	4,55€
JAPANESE MATCHA ★	4,85€

LEMON SLUSH	3,90€
ICE TEA LEMON & LIME ★	4,25€
MIMOSA	3,95€
APEROL ★	5,95€



TEA & INFUSIONS

MAIFENG VERDE 2,50€
Chinese Green Tea antioxidant and aromatic.

CEILÁN BREAKFAST ★ 2,50€
Ceylon Black Tea: the perfect option to start your day.

EARL GREY 2,50€
Black Tea from Ceylon and Darjeeling with Bergamot aroma.

INDIAN CHAI 2,50€
Black tea with cinnamon, cardamom, anise, orange peel, cloves and aroma.

BANGKOK 2,50€
Green Tea with jasmine, pineapple, coconut, mango, lemongrass and lemon peel.

JENGIBRE Y LIMÓN ★ 2,50€
Infusion of curly mint, ginger, lemongrass, lemon peel and root.

MANHATTAN ★ 2,50€
Rooibos, apple, cinnamon, orange peel, carrot and pieces of vanilla.

ISFAHAN ★ 2,50€
Green tea with raspberry, rose and lychee.



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